

# When to Wash Your Hands



After handling  
raw food



After going to  
the restroom



After eating,  
drinking, using  
tobacco



After handling  
garbage

*Wash your hands well and often— even if they don't look dirty!*



Before & during  
food preparation



Before putting  
on gloves



Before handling  
clean dishes



After touching  
your face, hair,  
money, or phone!