

RiverStone Health Connections



As our classrooms fill and the days grow cooler, RiverStone Health is here to help our community thrive through every season.

Now is the perfect time to focus on staying healthy, prepared and supported. From preventive care and immunizations to health education and family services, we're committed to helping families build resilience and well-being all year long.

Together, we can ensure our community heads into the colder months healthy, connected and ready for whatever comes next.

RiverStone Health Service Spotlight: LOSS

In the aftermath of suicide loss, survivors are left navigating profound grief. Suicide postvention, the care and support provided to those affected by suicide loss, is a critical component of suicide prevention. Research shows that survivors of suicide have an increased risk of depression, PTSD, substance use and suicidal ideation themselves. Without timely and compassionate support, the ripple effects of suicide can spread across families and communities.

That is where the Yellowstone County Local Outreach to Suicide Survivors (L.O.S.S.) Team steps in. As part of a national effort to support individuals and families who have recently lost a loved one to suicide, RiverStone Health is launching L.O.S.S. Team in collaboration with the Yellowstone County Coroner's Office this fall. This team is comprised of trained volunteers who have experienced suicide loss who will bring empathy, understanding, and hope to those who are newly bereaved.

Their outreach includes:

- In-person visits to families
- Follow-up calls and mailed messages
- Up to three free counseling sessions for immediate family members
- Connections to local and national grief resources

This initiative ensures survivors aren't left to navigate grief on their own. By providing survivors with consistent support, the L.O.S.S. Team reduces stigma, fosters healing, and prevents further tragedy. The first team of volunteers will be trained on Monday, October 13th.

[Click to learn more](#)

Anyone wishing to volunteer can email Volunteer@RiverStoneHealth.org or call 406.651.6500.



RiverStone Health is hosting Save a Life Day offering education and free naloxone (Narcan).

Join us September 25, 11 am - 3 pm on the Billings First Church Lawn (310 N. 27th St., Billings).

To learn more, visit our website by clicking the button below.

[Learn more](#)

RiverStone Health's Wellness On Wheels will be at Saturday Live this year!

Don't miss this opportunity to tour our new mobile unit and learn about traveling care.

Plus we will have patient enrollment forms for your family to get set up ahead of time for appointments with our team!



Partner Spotlight: Suicide Prevention Coalition of Yellowstone Valley



The Suicide Prevention Coalition of Yellowstone Valley (SPCYV) was founded in 2003 by community members concerned about Montana's consistently high suicide death rates. Twenty-two years later, the Coalition continues this important work, with more than 200 members involved at various levels.

SPCYV is committed to suicide prevention, which is achieved through culturally sensitive education, increased public awareness, and improved access to resources for anyone feeling hopeless.

Core activities of the SPCYV include education of the community through free Question, Persuade, Refer (QPR) trainings, which equip residents with the skills to recognize the signs of suicide, engage with someone who may be suicidal and refer them to resources during a crisis.

In addition to QPR training, the coalition promotes 988, the national crisis line for individuals experiencing suicide or those who are trying to support them. Coalition members educate businesses, organizations, and members of the public about this free resource through yard sign campaign, mural contests, social media, and tabling. Recognizing the role firearms play in the majority of all suicides in Montana, SPCYV distributes gun locks and provides education on safe storage free of charge. To date, SPCYV has held 10 conferences in the Yellowstone Valley focused on suicide awareness and prevention.

Every year, SPCYV attends the Out of Darkness Walk, showing support for the community for those who have lost a loved one. The coalition supports local community efforts focused on suicide prevention, such as Ask in Earnest, focusing on rural farmers, Veterans Navigation Network (VNN), focusing on veterans, Pay Love Forward, focusing on mentoring youth, and more.

A promotional graphic for the SPCYV 2025 Annual Conference. It features a purple and teal ribbon on the left. The text reads: 'SPCYV JOIN US!' with 'SUICIDE PREVENTION COALITION OF YELLOWSTONE VALLEY' and 'SPCOALITIONYV.ORG' below. '2025 Annual Conference:' is written in a smaller font. The main title is 'Connections in the Community'. Below that, it says 'Friday, September 26, 2025' and '8 am - 3:30 pm'. The location is 'Mansfield Center at Intermountain Health St. Vincent Hospital'. A 'Register today:' section includes the URL 'SPCOALITIONYV.ORG/2025Conference' and two bullet points: '• Cost: \$50 (\$25 for students)' and '• CEUs available'.

Finally, SPCYV hosts an annual suicide prevention conference for area allies and professionals. SPCYV Chair and Founder of Ask In Earnest, Darla Tyler-McSherry, completed Counseling on Access to Lethal Means (CALM). CALM training teaches others how to explain that reducing access to lethal means is an evidence-based strategy for suicide prevention and by reducing access to lethal means we can prevent suicide. Ask In Earnest focuses on rural farming communities around Montana and the surrounding states.

SPCYV meets every 3rd Monday of the month from 12 - 1pm at Riverstone Health; all are welcome to join!

Learn
more

At RiverStone Health, you are at the center of everything we do with a focus on improving life, health and safety of our community. Serving the Yellowstone County community and south-central Montana for 50 years, we are an essential provider of personal and public health services. Health, Education, Leadership and Protection – HELP is what we do.

We offer medical, dental and behavioral health; home health and hospice; public health services like immunizations, WIC, health promotion and restaurant inspections; and educate the next generation of health professionals. Our expertise spans all ages and stages of life.

If you would like to be a future partner spotlight, or learn more about RiverStone Health's work in the community please reach out to our Communications team at Communications@RiverStoneHealth.org or 406.247.3387.



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