Community Health Improvement Internship (Healthy By Design Coalition)

**Department:** Public Health Services **Division:** Health Promotion

**Service Line:** Community Health Improvement

**Reports To:** Program Manager, Community Health Improvement Services

**Commitment:** Summer 2023 (May – August 2023), <u>approximately 20 hours/week, 280 hours total</u>,

additional hours available. Internship schedule TBD in partnership with intern to mutually address internship credit and project requirements, *MUST be available* 

1:30 – 7:00pm Thursdays

The intern will work with Community Health Improvement (CHI) staff and Healthy By Design Coalition (HBD) members to improve the health of Yellowstone County. Committed to making the healthy choice, the easy choice in our community, projects focus primarily on policies, systems, and built environment strategies. This internship will provide the student with direct experience in community health improvement work, to include the weekly *Healthy By Design Gardeners' Market* and promotion of *Parks/Trails Rx*.

The intern will have involvement in work focused on prevention with the Health Promotion department related to awareness and education at the population level. Areas of work may include: physical activity, nutrition, and creative placemaking. Tasks will be determined closer to internship start date based on project need and student interest and goals. This internship is designed for college students who are completing this work for course credit. Some exceptions may apply.

## **HBD Gardeners' Market at South Park**

The HBD Gardeners' Market began in 2011 as a means of providing Billings residents, particularly those residing in the South Side neighborhood, a USDA designated food desert, access to affordable fresh fruits and vegetables. The intern will work with the HBD Gardeners' Market team to facilitate a variety of activities that promote access to healthy, affordable foods; physical activity, and placemaking in the South Side of Billings. The market will take place from June 8 – October 5, from 4:00 – 6:00pm at South Park each week. Tasks will include the following:

- Provide essential support to market team during market operation, set up, and take down
- Design, implement, and analyze market impact and activities through customer surveys
- Provide reliable and timely information to market customers at the market information booth
- Lead implementation of special projects and events (e.g. produce passports, education)

## **Parks and Trails Rx**

In 2016, HBD received a grant to develop Parks Rx resources to promote physical activity, social connection, and accessibility. Since, several additional resources including the Heritage Trails map and application, safe routes to schools maps, and emerging MT State Parks partnerships have emerged. The selected intern will work with staff and coalition partners to develop an effective communication and promotion strategy for these resources to increase awareness and availability.

## Other Duties May Include:

- Support Health Promotion team members on other projects as appropriate
- Attend internal meetings as appropriate (e.g. staff meetings, employee committees)
- Attend external meetings as interested and appropriate (e.g. project work groups)

Last revised: March 3, 2022