## **RiverStone Health Connections**



Connecting you to a better life\*

As the weather warms, May brings fresh energy and important opportunities to support our community's well-being. This month, we recognize Mental Health Awareness Month and Women's Health Month—both central to RiverStone Health's mission.

We're especially excited to host our annual Women's Health Fair, a celebration of accessible care, education and resources for all. Learn more below, and join us as we spring forward with compassion, purpose and connection.

## **RiverStone Health Service Spotlight**

The Montana Cancer Control Program gives access to cancer screening and diagnostic exams to women aged 21 to 65 years old for breast and cervical cancer. Service as a source of financial assistance, the program has served over 79,000 Montana women over the last 28 years. There are approximately 900 practitioners across the State of Montana currently enrolled in the program to provide screening services.

### **Guidelines for Eligibility:**

Patients must meet the following criteria to be eligible:

- Age 21 years and older for cervical screenings
- Age 40 years and over for breast screenings
- Make an annual income of less than 250% of the Federal poverty level
- Uninsured or underinsured.
  - Underinsured is any outof-pocket financial burden to the patient.

To determine eligibility, patients must thoroughly complete an enrollment form, click button below to learn more and see form.

## **Cancer Prevention Forms**

\*Patients must see providers that are currently enrolled in the MCCP program for any covered services.

#### What the Program Covers:

- Clinical Breast Exams (including the office visit)
- Initial mammogram, breast tomosynthesis, additional views, breast ultrasound, and breast biopsy.
- Screening Breast MRI, must meet guidelines for risk factors
- Pelvic ultrasound and endometrial biopsy on case-by-case basis
- Pap test (Including the office visit)
- Cervical biopsy
- A patient with breast or cervical cancer diagnosis who utilized the MCSP and does not have insurance will be eligible for treatment services through the Montana Cancer Control Program. Please contact cancer control staff to fill out the necessary forms.

Site 8's local office is housed at RiverStone Health serves Carbon, Stillwater and Yellowstone Counties. Wyoming residents who attend appointments in Carbon, Stillwater and Yellowstone Counties may also receive services. Follow the click to call button below or call 406.247.3215 for assistance.

Call us for assistance

If you live outside of those counties listed, you can call 888.803.9443 to be directed to the correct office.

## **Upcoming Events Hosted by RiverStone Health:**



## **Partner Spotlight: YWCA**

# eliminating racism empowering women **JVVCa** Billings

YWCA Billings provides emergency and transitional services to survivors of domestic violence, sexual assault, and human trafficking in order to help them break out of the cycle of violence.

### **YWCA Billings Programs:**

- Complete Confidentiality
- Secure Emergency Shelter
- 24/7 Call and Text Helplines
- Legal Advocacy
- Case Management and Referrals
- Safety Plans
- Financial Education
- Housing Assistance

YWCA Billings' offers **emergency services** at no cost to survivors of domestic violence, sexual assault, and/or human trafficking. Services include secure Emergency Shelter in Yellowstone and Big Horn County, 24/7 phone and text help lines and hospital accompaniment for survivors of sexual assault.

- Gateway Horizons Offers refuge for those fleeing domestic and sexual violence, or human trafficking
- 24- Hour help Lines Callers receive information, guidance and support from trained Victim Support Specialists
- Hospital Accompaniment Support

**YWCA Billings is dedicated to saving and changing lives.** They offer individuals safe shelter, and affordable housing with transitional services that offer a hand up rather than a hand out helping people gain solid footing and break out of the cycle of violence. The YWCA is also committed to YWCA USA's mission to eliminate racism, empower women and promote peace, justice, freedom and dignity for all.

YWCA Billings services address the trauma of domestic violence, sexual assault, and human trafficking. Their **transitional services** empower individuals in securing housing, employment, emotional health, personal safety—and ultimately, a life free from violence.

- Case Management Provides support and resource connections for victims as they create a vision for their future.
- Gateway Vista Apartments -Gateway Vista offers affordable housing for low-income individuals and families
- Transitional and Rapid Re-Housing
  YWCA's Housing Navigator helps locate safe affordable housing and secure rent assistance as needed
- Legal Advocacy On-site legal support provided by a licensed attorney for civil legal needs.
- Northern Lights FJC Providing safety planning, support, and coordination of free local services for victims of domestic abuse.

### **Need Help Now?**

Help Line: 406.245.4472 Text Line: 406.702.0229 for survivors of sexual violence during forensic evidence collection exams.

Website

At RiverStone Health, you are at the center of everything we do with a focus on improving life, health and safety of our community. Serving the Yellowstone County community and south-central Montana for 50 years, we are an essential provider of personal and public health services. Health, Education, Leadership and Protection – HELP is what we do.

We offer medical, dental and behavioral health; home health and hospice; public health services like immunizations, WIC, health promotion and restaurant inspections; and educate the next generation of health professionals. Our expertise spans all ages and stages of life.

If you would like to be a future partner spotlight, or learn more about RiverStone Health's work in the community please reach out to our Communications team at Communications@RiverStoneHealth.org or 406.247.3387.



RiverStone Health | 123 S 27th Street | Billings, MT 59101 US

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