Community Health Improvement Internship (Healthy By Design Coalition)

Department:	Public Health Services
Division:	Health Promotion
Reports To:	Healthy By Design Coordinator, Health Promotion Services
Commitment:	Summer 2025 (May – August 2025), <u>approximately 20 hours/week, 280 hours total</u> ,
	additional hours available. Internship schedule TBD in partnership with intern to
	mutually address internship credit and project requirements, MUST be available
	1:30 – 7:00 pm Thursdays

The intern will work with Health Promotion staff and Healthy By Design Coalition (HBD) members to improve the health of Yellowstone County. Committed to making the healthy choice, the easy choice in our community, projects focus primarily on policies, systems, and built environment strategies. This internship will provide the student with direct experience in community health improvement work, to include the weekly *Healthy By Design Gardeners' Market* and development of a **Good Neighbor Toolkit**.

The intern will have involvement in work focused on prevention with the Health Promotion department related to awareness and education at the population level. Areas of work may include: physical activity, nutrition, and creative placemaking. Tasks will be determined closer to internship start date based on project need and student interest and goals. <u>This internship is designed for college students who are completing this work for course credit. Some exceptions may apply.</u>

HBD Gardeners' Market at South Park

The HBD Gardeners' Market began in 2011 as a means of providing Billings residents, particularly those residing in the South Side neighborhood, a USDA designated food desert, access to affordable fresh fruits and vegetables. The intern will work with the HBD Gardeners' Market team to facilitate a variety of activities that promote access to healthy, affordable foods; physical activity, and placemaking in the South Side of Billings. The market will take place from June 12 – October 2, 2025, from 4:00 – 6:00pm at South Park each week. Tasks will include the following:

- Provide essential support to market team during market operation, set up, and take down
- Design, implement, and analyze market impact and activities through customer surveys
- Provide reliable and timely information to market customers at the market information booth
- Lead implementation of special projects and events (e.g. education)

Good Neighbor Toolkit

In 2023, RiverStone Health started a coalition called Grown in Billings (GiB) with the mission to ensure that all families are connected to the resources to raise their children in a stable, safe, supportive and caring environment so all children are entering kindergarten prepared and ready for success. HBD sits on this coalition.

Healthy By Design is looking to develop, produce and distribute a toolkit for GiB. The Good Neighbor Toolkits project will enhance community engagement by empowering residents to take the lead in organizing neighborhood-based social events and block parties. By working closely with the Grown in Billings workgroup to develop toolkits and the local library to distribute the toolkits, the project will build strong partnerships with business, healthcare, social services, and government to foster neighborhood connections. These events will bring together neighbors, create opportunities for new partnerships, and strengthen the fabric of the community by encouraging residents to collaborate in creating vibrant, connected neighborhoods. The selected intern will work with staff and coalition partners to develop an effective toolkit to increase awareness of resources and share an innovative approach to community engagement that complements existing public health initiatives.

Other Duties May Include:

- Support Health Promotion team members on other projects as appropriate
- Attend internal meetings as appropriate (e.g. staff meetings, employee committees)
- Attend external meetings as interested and appropriate (e.g. project work groups)