

# Phase One: Reopening Personal Care Services

*Following these guidelines for salons, massage, body art and other personal care services will help protect clients and industry professionals:*

## Avoid Spreading Germs

**Use a face mask** for staff and customers, when practical.

**Practice good personal hygiene.** Cough or sneeze into a tissue or shirt sleeve, wash hands between tasks, and do not touch your face. Provide tissues, no-touch trash cans, soap and water, and hand sanitizer with at least 60% alcohol.

**Clean & disinfect frequently.** Routinely clean and disinfect high-touch surfaces such as workstations, sinks, chair arms, countertops, handrails, telephones, keyboards and door handles, shared breakrooms and bathrooms. Use an [EPA-registered disinfectant](#) or a bleach solution of 4 teaspoons bleach to one quart water.



**Use clean linens,** such as capes, towels and cloth items, for each client. Place used linens in a designated container that can be cleaned and disinfected. Wash items in hot water and dry completely at the hottest setting.

**Designate space** for your customers' personal items, such as purses, or phones. Clean & disinfect that space between clients.

**Screen clients.** Prior to appointments, confirm that customers do not have fever, shortness of breath or cough. Customers with any of these symptoms, or customers that are in quarantine or isolation must be rescheduled.

**Remove shared items,** such as magazines, catalogs and style guides.

**Increase ventilation** of outside air.

**Ask clients to wash their hands** when they enter your business.



**No walk-in services.** No children or guests without an appointment.

## Maintain Physical Distancing

**Arrange your space** to maintain a 6 foot distance, or more, between work stations. This may require a reduction in capacity, removing or closing stations, a reduction of seating in service or waiting areas, or systems to reduce the amount of contact time between customers and staff.



**Use flexible hours,** such as staggered shifts, to help maintain physical distance between employees and others.

## Communicate with Staff & Clients

**Identify one person** to manage COVID-19 issues in the workplace.

**Require employees to stay home if they are sick.** Leave policies should be flexible and non-punitive. They should also account for employees who must stay home with their children or sick family members.

**Discourage sharing of tools.** Each employee should use their own tools and equipment, which they should clean and disinfect between clients.

**Post signs** at the front desk and breakrooms reminding clients and employees about proper hygiene, physical distancing and safety measures.

Find more info at: [CDC Interim Guidance for Businesses and Employees](#) and [OSHA Guidance for Preparing Workplaces for COVID-19](#)



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