Group Crisis Intervention

**Nov. 30 – Dec. 1, 2017**

Billings Clinic
Lower Level Conference Center
801 North 29th Street
Billings, MT 59101

This course is eligible for 14 hours POST and BBH credits

**Registration Form also available at:**

https://riverstonehealth.org/cristraining/

Name _____________________________
Address ___________________________

Organization ________________________
Contact Phone ______________________
Email ______________________________

CC# ______________________________

Exp Date _______ CVV code _______
Zip Code ______________

Cost for this two-day course is $65.00.

To pay by credit card, please mail or email this completed form to:

Carol Burroughs
2023 Stadium Drive, Suite 2B
Bozeman, MT 59715
Or carolatwork@montana.net or call 580-4443.

---

**Agenda**

*Thurs. Nov. 30, 2017 9:00 a.m. – 5:00 p.m.*

- Core Concepts: Crisis Intervention and Critical Incident Stress Management
- What is a Critical Incident?
- History of CISM
- Common Psychological/Behavioral Reactions
- Types of CISM Interventions
- Large Group Crisis Interventions
- Strategic Planning

*Friday, Dec. 1, 2017 8:00 a.m. – 5:00 p.m.*

- Small Group Crisis Interventions
- Essentials of Group Intervention
- Defusings and the Critical Incident Stress Debriefing
- Enhancing CISD Success
- Question/Answer & Course Wrap-up

---

**Who Should Attend?**

The Basic course in CISM is for people who work in the emergency response fields and for Human Service professionals who desire to be part of a debriefing team.

- Law Enforcement
- Firefighters
- EMS Responders
- Corrections
- 911 Dispatchers
- Emergency Dept. Personnel
- Mental Health Professionals
- Chaplains
- Search and Rescue
- Nurses & Physicians

**What You Will Learn?**

- The various types of stress
- The most common types of stress among emergency workers
- How to identify the symptoms of stress
- The different types of interventions (Pre & Post)
- You will be given the basic skills used as a CISM debriefer.
Seminar Mission

CISM: Group Crisis Intervention training program is designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum.

The two-day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large scale traumatic incidents, small group defusing and the group intervention known as Critical Incident Stress Debriefing (CISD).

The CISM: Group Crisis Intervention course specifically prepares participants to provide several of these interventions, specifically one-on-one crisis interventions, Crisis Management Briefings, Defusings and the CISD. The need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multi-component crisis intervention strategy, which is discussed in this course.

This course contains a component on resiliency training and personal stress management for the professional responder.

About the presenter

Carol Staben-Burroughs is a Licensed Clinical Professional Counselor in private practice in Bozeman, MT. She is an instructor at Montana State University in the Dept of Education, Health and Human Development. Carol is a past president of the American Mental Health Counselors Association and the Montana Clinical Mental Health Counselors Association. She is a trainer for the International Critical Incident Stress Foundation and has been an active volunteer in the Montana Critical Incident Stress Management Network. Carol lectures on a wide variety of subjects and has a humorous, high-energy training style.