



Program: Mental Health First Aid (MHFA) Corps
Position: Youth Mental Health First Aid Instructor
Reports to: Host Site Supervisor

MHFA Corps Program Mission: Youth Mental Health First Aid (YMHFA) is a public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help a youth in crisis or experiencing a mental health or substance use challenge.

Purpose of Position: AmeriCorps Members will serve as MHFA Aid Instructors, certified to teach the 8-hour Youth MHFA-USA course to members of the public.

Responsibilities include:

- Participate in five day Youth MHFA Instructor Course (September 26-30, 2016)
- Disseminate Youth MHFA in communities through organizations such as schools, law enforcement, foster care agencies
- Outreach to local community for course participants, as well as recruit and engage community partners
- Market program through press releases, social media and informational sessions
- Track each participant certified through follow up evaluations
- Submit these evaluations as directed to MHFA-USA nationally and Health360
- Enroll in the MHFA-USA Listserve
- List courses on the National Public “Mental Health First Aid In Your Community” Map: Advertise courses and let the public know you are authorized to provide the program.
- Establish and foster relationships with community mental health agencies as partners and resources
- Serve as a resource to MHFA course participants on an ongoing basis
- Respect the privacy of course participants, colleagues and others, including the responsibility to protect personal information
- Advocate for MHFA by promoting the principles whenever possible
- Grant writing to support MHFA Corps activities
- Participate in AmeriCorps large service project
- Participate in monthly calls held nationally by Health360
- Assist host site with ongoing community initiatives and regional events

Experience Preferred:

- Personal and/ or professional knowledge of mental health topics
- Strong teaching and/ or training skills and experience, especially with adult learners
- Understanding of mental health issues and resources
- Skills and experience facilitating diverse groups and creating/maintaining a positive, effective learning environment
- Knowledge about mental health resources in her/his community and state
- Positive attitudes towards individuals with mental illnesses
- Enthusiasm for reducing the stigma and discrimination associated with mental illness and addiction disorders

Details and Benefits include:

- Complete a 10 month commitment, specific dates will be determined by the host site coordinator*
- Full-time AmeriCorps position - 1700 service hours – 40 hours per week, 5 holidays, 2.5 personal days
- AmeriCorps members receive a \$12,530 stipend for their service – paid biweekly = 22 checks
- \$5,775 Education Award upon completion of service commitment (1700 service hours)
- Bachelor's Degree Required

*Term of service is limited to a maximum of 12 months with approval by Health360.

Send Resumes to Celia Meyer – meyer@health360.org – (203)758-1110

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